

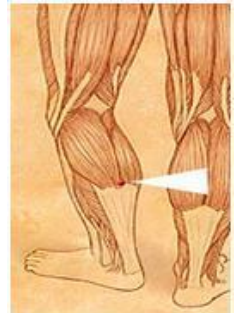
Stamina Protocol, A Secret to Endurance and Stamina.

## Relief Holographic Disc

It stands to reason that if pain in the legs is lowered, more training can be accomplished with legs that do not tire as easily, and performance is increased. This will result in stronger legs from training and better performance in competition. Also **Relief** has a sedating and cooling effect based on thermal imaging, so recovery should be enhanced.

Equally important with elite athletes, that push performance much harder, is **leg cramps** that can be relieved.

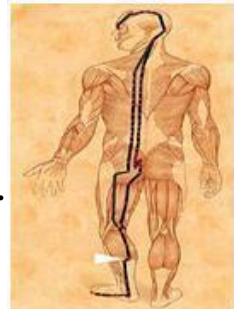
Apply an 8ight Holographic **Relief** Disc on the placement point noted, BL 57, TCM (Traditional Chinese Medicine) on the calf of each leg during training and competition or with everyday use to lower leg pain, leg cramps, increase balance, and control **plantar fasciitis** or foot pain.



By lowering the leg pain level more reps and higher weights can be used in training and the athlete's stamina will go up in games as they will not be as tired from leg fatigue. This will help in training and will also be more relaxing for kickers in football and soccer and will also be tremendous for cyclist.

## BENEFITS

Use of the BL 57 point in TCM is known for relaxing the tendons, relieving leg muscle cramping, benefiting the leg muscles, activating the bladder channel, alleviating pain, constipation, hemorrhoids, lumbar pain, and regulating the intestines.



Of special note BL 57 helps with a condition called **plantar fasciitis** or foot pain. This condition causes irritation and swelling of the thick tissue on the bottom of the foot. With the increasing weight of the population this is becoming a more prevalent issue **Relief** Holographic Disc can help relieve.

Pacific Vibrations will have their Bracelets available for sale this month that will enhance balance, strength endurance, and stamina and work great with the **Relief** Stamina Protocol.

MoJo is powered by 8ight **Action** Holographic Technology.