



This protocol uses natural signaling processes that are not drug based by delivering signals through the body's biofield, acupuncture points, and meridians with no known side effects. Lifestyle issues are address along with a more advanced method of hydration

purifytm

Diabetes has become a staggering problem with roughly one in four people in the U.S. being pre-diabetic or having full blown diabetes. In addition, one research group projects half the Hispanic population ` develop diabetes in the not too distant future. Holographic acupuncture presents a way to increase cellular communication in dealing with this issue to increase your quality of life.

Holographic Technology
safe * drug free * fast diabetes relief

DIABETES ELECTROCEUTICAL SIGNAL TECHNOLOGY

8ight Holographic Technology has developed a system to signal the body using acupuncture points and meridians to deal with diabetes issues in a safe natural way without the use of drugs and chemicals as noted in acupuncture studies.

This protocol is based on the approach of diabetes not being a blood sugar disease, but being an insulin resistance and faulty leptin signaling issue resulting in metabolic miscommunication. Increasing levels of uric acid apparently brought on by increasing fructose consumption can result in insulin resistance and are included in dealing with the lifestyle side of this issue.

Maintaining normal uric acid levels is extremely important as uric acid at normal levels is an antioxidant or electron donor. Over half the antioxidant capacity of blood plasma comes from uric acid, so if the blood cells can be influenced to not coagulate and remain free-flowing this signaling process should contribute to normal antioxidant uric acid levels in the blood.

Signaling of the kidneys in the case of uric acid is also important in that 70% of the disposal of uric acid occurs via the kidneys. If the kidneys are impaired by high uric acid levels from purine-rich foods then diabetes and other issues can surface such as gout. So the purine-rich foods have to be controlled along with foods containing high levels of fructose. Fruit juices, soft drinks, athletic drinks, energy drinks, and processed foods appear to be the common denominator of the epidemic of diabetes and obesity.

High purine-rich foods are sweetbreads, anchovies, sardines, liver, beef kidneys, meat extracts, herring, mackerel, scallops, game meats and gravy. Also eating high amount of sea salt can increase uric acid levels.

If signaling is the issue and not targeting elevated blood sugar then we will be on a course to actually correct the source of the problem, which is our lifestyle choices and hydration, and not deal with the symptoms. Naturally signaling the pancreas to function properly in releasing insulin to counterbalance increasing blood glucose levels should work much better than having to regulate with outside artificial influences.

By signaling an energetic effect to the muscles and liver blood glucose levels reduce naturally converting to energy and the muscles more efficiently burn the glucose. This is the case with exercise and performance has been shown to consistently increase with properly programmed holographic disc.

This process assists the kidneys to also function properly. If blood glucose levels are too high due to not having the proper signaling and energy utilization then the kidneys, which filter the blood, can become stressed. Also blood pressure issues can develop.

Holographic acupuncture can also be effective in cleansing the body of unhealthy substances and levels of fats. Blood test also shows a natural separation of blood cells providing smoother blood flow

through the circulation system when holographic discs are applied. The separation shows up in minutes and appears to raise energy levels.

The **purifytm** disc uses thermal temperature differences outside the body and under the hologram to create an energy vortex to activate the body's acupuncture system to deal with symptoms of insulin resistance as described in acupuncture medicine. The temperature effect in physics is referred to as a thermal sink.

The **purifytm** hologram further captures molecular signatures of natural ingredients using frequencies of light and sound that are known to bolster the body in influencing the acupuncture system to restore energetic vitality. Some examples are testosterone, estrogen, progesterone, melatonin, glutathione, etc.

The **purifytm** hologram also contains colors, numbers and geometric patterns that boost the energetic effect on the acupuncture points in achieving an acupuncture solution to insulin resistance and fat storage.

Acupuncture meridians in the body become blocked from insulin resistance resulting in poor energy movement that affects the hypothalamus, liver, kidneys and pancreas, which can be restored by the action of the **purifytm** hologram.

The diabetes protocol involves balancing the hypothalamus, brain, pancreas, kidneys, and liver while taking leptin, ghrelin, and energy fat storage into consideration. Insulin lowers blood sugar as a side effect of directing extra energy from blood sugar into fat storage.

Fructose seems to be a major cause of the issue with diabetes and weight gain. If fructose is reduced dramatically and glucose (dextrose) is increased the energy signals should properly direct the energy usage and resulting fat storage of the energy while reducing ghrelin so you will not desire to eat as much.

The **purifytm** discs are programmed with signals to increase metabolism including dextrose by imprinting energetic structures in the disc to increase the signaling of the key organs and hormones. By energizing certain meridians in the body a lower appetite can be obtained. The key is to regulate the uric acid to normal levels and energize key organs so they function naturally.

Hydration. The issue here is we are not hydrating our bodies due to consuming beverages with positive ion charges and acidic values. Fructose is a major issue here but the lack of hydration may be just as severe.

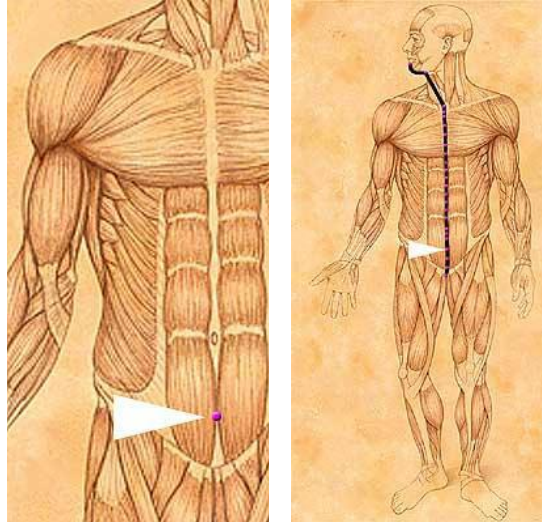
Positive charges can be measured in mV's with ORP meters or Multi-meters. The only liquids sold that have a negative ion charge are produced by water ionizers that are expensive and cannot be carried for easy use. The environment we live in has been steadily changed with positive ion charges from EMF's in the environment as well as acidic foods.

One key is to create a negative ion charge in pure water that is not contaminated with chlorine, fluoride and other substances. It appears the body thrust for negative ions and the cells of the body that lock up fat need hydration to function properly. This also goes to proper signaling. If the body is hydrated the cellular communication system goes up and the holographic disc work even better.

One solution to the hydration issue is the 8ight Water Wand noted under Purchase Product on www.8ight.com. The Holographic Water Wand is programmed with imprinted signals that work to alleviate some of the issues associated with diabetes by changing pure water to a negative ion charge portable and by raising pH while working in conjunction with the recommendations in this protocol. The Wand is certified and simply fits in the pure water container to be carried around or in your house or business water container.

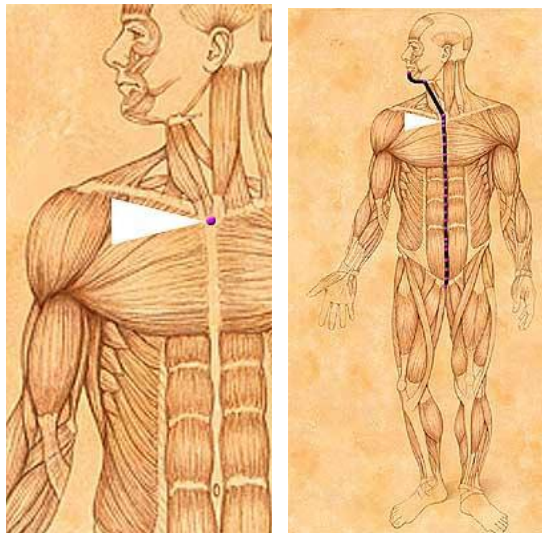
The following acupuncture placements show where the 8ight Holographic **purifytm** disc or other disc should be placed and for how long to wear them.

Meridian Placement CV 4



Wear **purify™** on CV 4 roughly 4 finger widths below the belly button for 3 days or until the disc comes off. When the **purify™** disc comes off change to CV 21 and **slim™**.

CV 21



Wear **slim™** on CV 21 until it comes off and revert back to CV 4 with **purify™** and continue to rotate. If you have a necklace you can put **slim™** on the back of the necklace and wear when you wear your necklace. Tap this hologram 8 taps several times during the day.

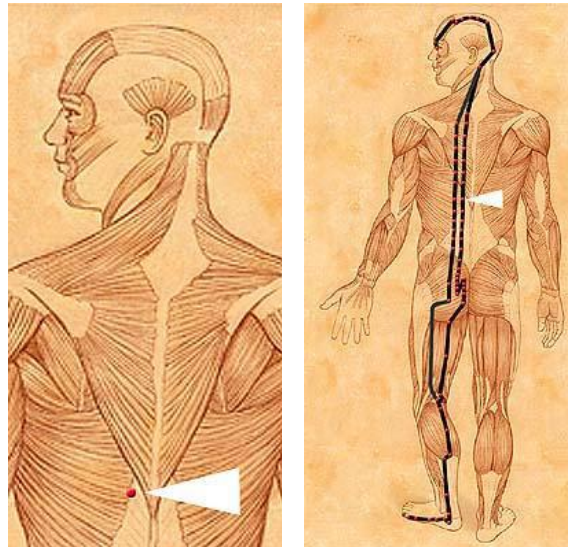
Note: This point is critical for weight loss and here is why. The hypothalamus monitors thyroid hormones (T3, T4) and signals the

pituitary to signal the thyroid (TSH) to produce more when levels are too low.

The issue we seem to have now is that when the thyroid produces the hormones the receptors that normally are for iodine are filled with fluorides, chlorides and bromides, which block the normal function of iodine in fat metabolism. So by making the lifestyle changes suggested here and by signaling and taping the thyroid is energized back to action.

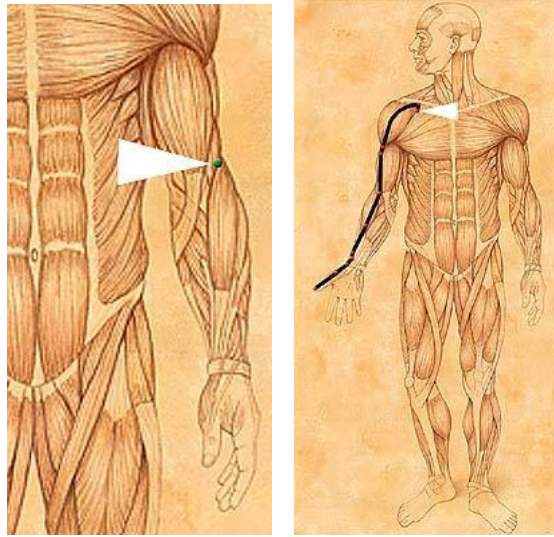
This group of glands is also important for the proper functioning of the pancreas, liver and kidneys as discussed in controlling diabetes.

BL 18



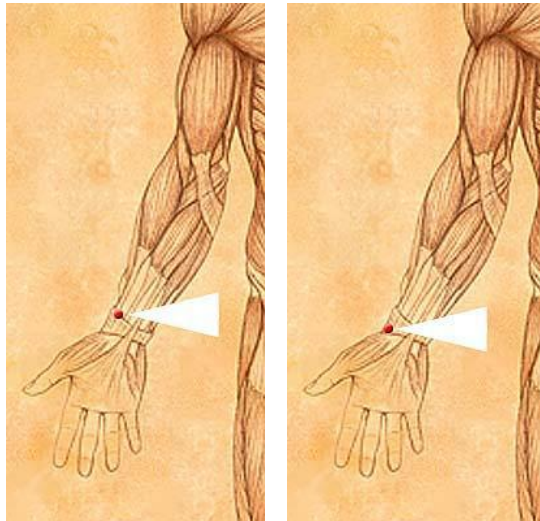
In addition to the rotation of CV 4 and CV 21 paste and stick **purifytm** on just above BL 18 on both side of the spine for 3 days on or until the disc comes off. Skip a day and repeat the placement. This point is bi lateral to the spine point T8 and is mid way down the back. After 7 days skip a day and change to LI 11 for a week and then back to BL 18 and continue to cycle.

LI 11



Place **purifytm** on LI 11 both arms for 3 days on or until the disc comes off, skip a day, and return to Qu Chi to repeat the cycle for 7 days. Go back to BL 18 and repeat the cycle over and over until your diabetic conditions clear up.

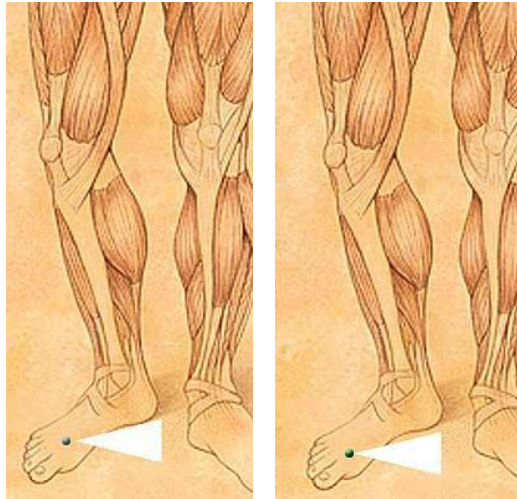
LI 8/9



Wear the 8ight MoJo wrist band with the holograms turned to the spots shown on LI 8/9. The signals spread out from the holograms so the position just needs to be close to the points shown. Wear daily on this spot on the left wrist of the body or both wrists in extreme cases. Remove before sleep and replace when awaking.

Note: The left side of the body is stronger energetically than the right side so when wearing one band always use on the left wrist.

KI 1 and LIV 3



You can take care of both of these points at one time so just rotate from one foot to the other with **slim™** three days on and switch to the other foot and back again.

Caution: Drink plenty of high pH, negative ion, water. You could experience a detoxing effect so follow the instruction protocol for dealing with the physical effects.

Instructions

1. Peel and stick holographic discs to CV 4, CV 21, BL 18 or LI 11 and KI 1/Liv3.
2. Place on clean/dry/oil free/hairless skin.
3. Disc will not adhere to lotion.
4. Wear as noted for 7 days, switch and resume.
5. Can be combined with other 8ight discs.
6. Stay hydrated for maximum effectiveness with negative ion water.

Lifestyle Changes

- Avoid fructose in all forms like fructose corn sweeteners
- Avoid sugar, junk food and processed & pasteurized foods (Processed foods are loaded with fructose)
- Limit dried figs, dried apricots, mango, grapes, raisins, pears, and watermelon... All are high in fructose
- Avoid fruits until diabetes is under control including fruit juices, sodas, and sports drinks
- Avoid breads, pasta, cereals, rice, potatoes and corn

- Avoid beer until diabetes is under control
- Avoid fluoride, chloride and bromides by filtering water and using non-fluoride toothpaste and staying away from processed foods
- Eat plenty of fresh vegetables
- Increasing your levels of vitamin D (20 minutes of sunshine a day with as much of your body exposed as possible) Critical
- Get 8 hours of sleep
- Exercise (lowers insulin and leptin resistance)
- Drink plenty of high pH, negative ion water, to flush your cells and hydrate your body flushing excess levels
- Drink natural Eleotin tea to assist in regulating blood sugar levels
- Sweeten with dextrose (glucose)